



Name of Meet: UCSC Holiday Classic
Hosted by: University of Calgary Swim Club
Date of Meet: December 13-14, 2025
Entry Deadline: Tues. December 2, 2025 @ 5pm
Sanctioned by: Swim Alberta
www.calgaryswimming.com

Facility and Location:

University of Calgary Aquatic Centre, Calgary, AB
1 – 25-meter 8 lane pool for competition. 1 – 25-meter 8 lane warm-down pool.
Electronic timing will be used.

Meet Manager: Josh Sadovnick – ucscmeetmanager@gmail.com

Officials Coordinator: officials@calgaryswimming.com

Sessions:

#1: Saturday, Dec 13 AM	Warm-up: 7:30am-8:20am	Start: 8:30am
#2: Saturday, Dec 13 PM	Warm-up: 3:30pm-4:20pm	Start: 4:30pm
#3: Sunday, Dec 14 AM	Warm-up: 7:30am-8:20am	Start: 8:30am
#4: Sunday, Dec 14 PM	Warm-up: 3:30pm-4:20pm	Start: 4:30pm

****Coaches & Swimmers will NOT have access to the pool deck****
****until 30 minutes before the beginning of warm-up****

Meet Rules:

The meet will be conducted under published World Aquatic and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply. Swimming Canada warm-up procedures will be in effect.

Diving Rules:

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.

Pool Rules:

Swimmers should follow all posted Alberta Health Services and UofC Aquatic Centre rules. Outdoor shoes should not be worn on deck.

Competition and Diving Readiness Standards:

Entry for the competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During the competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

Safe Sport:

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.



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Eligibility:

This meet is a Level 3 multi-club competition, open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

Qualifying/Dequalifying:

Qualifying:

There are no qualifying standards for this meet.

Dequalifying:

Swimmers are dequalified in events where they have achieved an Alberta Champs time. They may swim these events but must enter as exhibition and will not be eligible to advance to finals or collect awards.

Age Groups:

Girls: 10 & Under, 11, 12, 13 & Over

Boys: 11 & Under, 12, 13, 14 & Over

Entries:

11/12 & Over swimmers may enter a total of 6 individual event, and are limited to 3 per day.

10/11 & Under swimmers may enter a total of 6 individual events, and are limited to 2 per session.

All entries must be submitted through the Swimming Canada online system. Teams can reserve spots for their swimmers in this meet by emailing dave@calgaryswimming.com or competitions@calgaryswimming.com. Additional spots will be assigned on a first come, first-serve basis for entries received through the Swimming Canada system. Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system.

Deck entries will be permitted under the following circumstances:

1. No new heats will be created to accommodate a deck entry.
2. Approval of the meet manager.
3. Swimmers will be charged double the regular event fee, payable upon entry being confirmed.

Entry times are required for all entries to facilitate timing of the meet by the meet manager. An entry of NT will **NOT** be accepted.

Meet Management reserves the right to limit enrollment of swimmers to the first 350 swimmers, to alter, revise, limit enrollment, or otherwise modify the program. Minimum number of swimmers in the competition is 150. Reserved spots is 170. Coaches will be advised of any changes prior to the start of the meet.

Entry Fee:

Individual Events: \$18



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Entry Deadline:

Entries and entry fees are due on or before December 2, 2025 at 5:00 pm. E-transfer of entry fees may be sent to: accounting@calgaryswimming.com. Alternatively, cheques can be made payable to University of Calgary Swim Club and sent to:

Josh Sadovnick
c/o University of Calgary Swim Club
KNA 253, 2500 University Drive NW
Calgary, Alberta T2N 1N4

Meet Format:

10 & Under Girls / 11 & Under Boys

- Swimmers will race Saturday afternoon, Sunday morning, and Sunday afternoon.
- All events are Timed Finals.

11 & Over Girls / 12 & Over Boys

- *Prelims & Finals* events are: 50 free, 100 free, 200 free, 50 back, 100 back, 50 breast, 100 breast, 50 fly, 100 fly, 100 IM, 200 IM. A final only for these events.
- *Timed Final* events are: 400 free, 200 back, 200 breast, 200 fly.

Seeding:

- 10/11 & Unders will swim all events in their age group, slowest-to-fastest.
- 11/12 & Over Prelims will run senior seeded, slowest-to-fastest.
- 11/12 & Over Timed Finals will run senior seeded, slowest-to-fastest.
- 11/12 & Over Finals will run by gender, youngest-to-oldest.

Scratches:

The [Swim Alberta scratch rule](#) will be in effect for this competition. **No refunds will be issued for scratches received after the entry deadline.**

For optimization of timeouts only, scratches can also be sent to the Meet Manager up until 5 pm December 11th, 2025 by emailing the Meet Manager.

Awards:

Medals will be awarded for Top 3 and Ribbons for 4th-8th in all events as per the age groups above.

Results:

Official results will be posted on the Swimming Canada website – www.swimming.ca within 48 hours of the completion of the meet. Unofficial results may be shared via Meet Mobile and posted on the University of Calgary Swim Club website: www.calgaryswimming.com.



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Psych Sheets:

Psych sheets will be available prior to the meet and will be posted on the University of Calgary Swim Club website: www.calgaryswimming.com

Heat Sheets:

Heat sheets will be made available via Meet Mobile prior to each session.

Requirement for Time Trial Sanctions:

A Time Trial sanction is intended for a record attempt and is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

Swimwear at Competitions:

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Photography/Videography

In order to minimize risk, all photographs and video taken at Swimming Canada/PSO sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

The full details on the Event Photography and Videography Procedure can be found [HERE](#)

Coaches Meeting:

If required, a coaches meeting may be held Friday, November 28th at 4:15pm at the south end of the pool. Otherwise, notices pertaining to the meet will be placed in each club's hanging folder in the official/hospitality room.

Map of the University of Calgary:

<https://www.ucalgary.ca/about/our-campuses/campus-maps-and-room-finder>

*The pool is located in the Kinesiology A (KNA) Building, between the Olympic Oval and the MacEwan Students Centre.



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Misconduct at the Start:

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The “misconduct” shall include but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

For more information please contact:

Josh Sadovnick - Meet Manager (Email: ucscmeetmanager@gmail.com)

Schedule of Events:

Session 1 (Saturday AM): WARM-UP 7:30-8:20am / START 8:30am				
Girls			Boys	
Event #	Age Group	Event	Age Group	Boys Event #
1	11 & Over	200 Free P	12 & Over	2
3	11 & Over	100 Breast P	12 & Over	4
5	11 & Over	50 Fly P	12 & Over	6
7	11 & Over	100 Free P	12 & Over	8
9	11 & Over	200 IM P	12 & Over	10

Session 2 (Saturday PM): WARM-UP 3:30-4:20pm / START 4:30pm				
Girls			Boys	
Girls Event #	Age Group	Event	Age Group	Event #
11	11 & Over	200 Fly TF	12 & Over	12
13	10 & Under	200 Free TF	11 & Under	14
1	11 & Over	200 Free F	12 & Over	2
3	11 & Over	100 Breast F	12 & Over	4
15	10 & Under	50 Breast TF	11 & Under	16
5	11 & Over	50 Fly F	12 & Over	6
17	10 & Under	100 IM TF	11 & Under	18
7	11 & Over	100 Free F	12 & Over	8
19	10 & Under	100 Back TF	11 & Under	20
9	11 & Over	200 IM F	12 & Over	10
21	11 & Over	200 Breast TF	12 & Over	22



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Session 3 (Sunday AM): WARM-UP 7:30-8:20am / START 8:30am				
Girls			Boys	
Event #	Age Group	Event	Age Group	Event #
23	10 & Under	100 Free TF	11 & Under	24
25	11 & Over	50 Back P	12 & Over	26
27	11 & Over	100 IM P	12 & Over	28
29	10 & Under	50 Fly TF	11 & Under	30
31	11 & Over	50 Breast P	12 & Over	32
33	11 & Over	100 Fly P	12 & Over	34
35	10 & Under	100 Breast TF	11 & Under	36
37	11 & Over	100 Back P	12 & Over	38
39	11 & Over	50 Free P	12 & Over	40

Session 4 (Sunday PM): WARM-UP 3:30-4:20pm / START 4:30pm				
Girls			Boys	
Event #	Age Group	Event	Age Group	Event #
43	11 & Over	200 Back TF	12 & Over	44
45	10 & Under	200 IM TF	11 & Under	46
25	11 & Over	50 Back F	12 & Over	26
27	11 & Over	100 IM F	12 & Over	28
47	10 & Under	50 Free TF	11 & Under	48
31	11 & Over	50 Breast F	12 & Over	32
33	11 & Over	100 Fly F	12 & Over	34
49	10 & Under	50 Bk TF	11 & Under	50
37	11 & Over	100 Back F	12 & Over	38
51	10 & Under	100 Fly TF	11 & Under	52
39	11 & Over	50 Free F	12 & Over	40
53	11 & Over	400 Free TF	12 & Over	54

P = PRELIMINARY
 F = FINAL
 TF = TIMED FINAL