

2025 Catalina Fall In-House Meet

General Information

Eligibility

- Meet Type: Level 1: Time Final single session
- Sanction type: Closed Single Club Competition.
- This competition is open only to swimmers registered with the Red Deer Catalina Swim Club who are also currently registered with Swimming Canada.
- No qualifying or de-qualifying times.

Host

- Red Deer Catalina Swim Club (RDCSC)

Facility

- The Roland Michener Centre, Red Deer, Alberta, is at the corner of 51A St. & 38A Ave.
- This facility has an indoor. Six-lane, 25-metre pool and a five by ten-metre dive tank adjacent to the 25-metre pool.
- The dive tank is available for continuing warm-up and cool-down during the Meet.

Contacts

- Meet Manager: Jenn Bahler (403)-505-5889 meetmanagerRDCSC@gmail.com
- Meet Referee: Astrid Eckstein astrid.referee@gmail.com
- Head Coach: Takeo Inoki coachtakeo.reddeercatalina@gmail.com
- Catalina Office: registrar.catalina@gmail.com

Key Dates

- Entry Deadline: October 14, 2025 @ 8:00 PM
- Session 1: October 19, 2025 Warmup: 8:00 AM / Start: 8:40 AM

Entry Information

Fees

- No fees will be charged for this meet

Entry Rules

- A minimum of 20 and a maximum of 90 swimmers will be registered for this meet
- Entries are limited to a maximum of 2 individual swims
- Entry times are required for all entries. No-time (NT) entries will not be accepted
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system.

Entry Procedure

- All entries must be submitted through the Swimming Canada online system. Swimmer deck entries may be permitted by Meet management. Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

Competition Information

Safe Sport

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

Meet Rules

- The meet will be conducted under published World Aquatics and/or World Para swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
- Swimming Canada competition warm-up safety procedures will be in effect at this meet
- Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.
- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.
- All events are timed finals
- All events may be swum with mixed ages and genders
- Heats will be seeded fastest to slowest

Swimwear at Competitions

- All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Photography/Videography

- To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

The full details on the Event Photography and Videography Procedure can be found [HERE](#)

Scratches

- The Swim Alberta scratch rule will be in effect for this competition.

Results

- Results will be posted to www.Swimming.ca for downloading.

Meet Program

Session 1: Sunday, October 19, Start 8:40 AM

Event #	
1	200 Free relay
2	50 Fly open
3	400 IM Open
4	200 Breast Open
5	50 Back Open
6	1500 Free Open
7	800 Free Open
8	400 Free Open
9	100 IM Open
10	100 Free Open
11	200 Back Open
12	50 Breast Open
13	200 Fly Open
14	100 Breast Open
15	50 Free Open
16	200 IM Open
17	100 Back Open
18	100 Fly Open
19	200 Free Open
20	200 Medley Relay