



Strathcona County Swim Club

Neil Lepps 2026



Date: Saturday March 14 & Sunday March 15, 2026

Location: Millennium Place, 2000 Premier Way, Sherwood Park, Alberta (10 x 25m facility)

Meet Managers: Nicci Koughan and Katy Pedden, meetmanager@silverrays.ca

Entries: Faisal Vishram, entries@silverrays.ca

Meet Referee: Lesley Williams, lesleywilliams1206@gmail.com

Session	Warm-Up	Racing
Saturday AM 11&U	7:15 – 7:50am	8:00 am – 11:00am
Saturday PM 12&O	2:00 – 2:50pm	3:00 pm – 5:00pm
Sunday AM 11&U	7:15 – 7:50am	8:00am - 12:00pm
Sunday PM 12&O	1:00 – 1:50pm	2:00pm - 5:00pm

Session times may be altered depending on swimmer events and session timeouts. Entries for certain events may be capped due to session duration. A pre-competition technical bulletin will be sent out prior to the meet.

Entry Information

Entry Deadline: Friday, February 27, 2026

Scratch Deadline: Friday, March 6, 2026

Minimum # entries: 100

Maximum # entries: 500

Reserved # entries: 90

Swimmers may enter up to three (3) events per session. Maximum six (6) races for each swimmer.

Entry fees

\$16.00 for individual events

Cheques can be made out to **Strathcona County Swim Club** and dropped off at the Meet Manager's office.

E-transfers can be sent to: treasurer@silverrays.ca. No password required.

Seeding

Events will be senior seeded from SLOWEST TO FASTEST by gender.

Age Categories for Awards

8&U, 9, 10, 11, 12, 13, 14&O

Event List			
Sat AM (11&U)	Sat PM (12&O)	Sun AM (11&U)	Sun PM (12&O)
100 Butterfly	100m Butterfly	100m Breaststroke	100m Breaststroke
50m Freestyle	50m Freestyle	50m Butterfly	50m Butterfly
100m Backstroke	100m Backstroke	100m Freestyle	100m Freestyle
50m Breaststroke	50m Breaststroke	50m Backstroke	50m Backstroke
		100m IM	200m IM

Competition and Diving Readiness Standards

Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved. Backstroke ledges will **NOT** be used at this meet.

Warm up Procedures

Swimming Canada competition warm-up safety procedures will be in effect at this meet.

Diving Rules

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.

Safe Sport

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

Rules

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Eligibility

This is a Level 2 Closed Invitational meet. Swimmers who have achieved a Provincial Trials qualifying standard are de-qualified from entering the events which they have the standard. Swimmers who have achieved one (1) or more Alberta Championship qualifying standards are not eligible to enter this meet.

Swimmers must be currently registered with a Swimming Canada or a World Aquatics affiliated club. **NO TIME entries will not be accepted.** You will not be able to upload swim files if a NO TIME is in the data.

Scratches

The Swim Alberta scratch rule will be in effect for this competition. Scratches made after the deadline will not be refunded.

Entry Process

All entries must be submitted through the Swimming Canada online system (REMS). Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries will be charged double the entry fee.

Warm up and Cool down lanes will be available until 4:30 each day.

Results

Heat sheets and unofficial results will be uploaded to Meet Mobile. Official results will be sent to Swim Canada on Monday March 16th.

Marshalling

We will have marshalling at this meet. Swimmers will be staged in the Activity Rooms and marshalled through the treatment room. Coaches, please encourage your swimmers to go to marshalling.

Awards

Ribbons will be awarded to the top 10 swimmers in each age category for each event.

Swimwear at Competitions

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Photography/Videography

1. In order to minimize risk, all photographs and video taken at Swimming Canada/PSO sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
2. The full details on the Event Photography and Videography Procedure can be found [HERE](#)

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