

# FEB '12

## NAT SQUAD SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> IGNITE 615-715am Rec Pool: 5-630pm	<b>2</b> Michener 615-8am Michener 5-730pm	<b>3</b> Michener 415-7pm	<b>4</b> Michener 7-9am IGNITE 930-1030am Michener 3-5pm
<b>5</b>	<b>6</b> Rec Pool: 5-630pm	<b>7</b> Michener 615-8am Michener 5-730pm <b>SQUAD MTG 715pm</b>	<b>8</b> IGNITE 615-715am Rec Pool: 5-630pm	<b>9</b> Michener 615-8am Michener 5-730pm	<b>10</b> Michener 415-7pm	<b>11</b> <b>DAY 1 VALENTINE</b> <b>(Nats may choose to compete in only 1 day)</b>
<b>12</b> <b>DAY 2 VALENTINE</b> <b>(Nats may choose to compete in only 1 day)</b>	<b>13</b> Rec Pool: 5-630pm	<b>14</b> Michener 615-8am Michener 5-730pm	<b>15</b> Swim 7-8am (Michener) <b>(Travel to Winnipeg)</b>	<b>16</b> <b>DAY 1 WESTERNS</b>	<b>17</b> <b>DAY 2 WESTERNS</b>	<b>18</b> (Red Deer Pools Closed) <b>DAY 3 WESTERNS</b>
<b>19</b> <b>DAY 4 WESTERNS</b>	<b>20</b> <b>FAMILY DAY</b> <b>Red Deer Pools Closed</b> <b>(Travel Home from Winnipeg)</b>	<b>21</b> <b>NO SWIMMING</b> Today for anyone who attended Westerns in Winnipeg (regular practice for anyone who didn't)	<b>22</b> IGNITE 615-715am Rec Pool: 5-630pm	<b>23</b> Michener 615-8am Michener 5-730pm	<b>24</b> Michener 415-7pm	<b>25</b> Michener 7-9am IGNITE 930-1030am Michener 3-5pm
<b>26</b>	<b>27</b> Rec Pool: 5-630pm	<b>28</b> Michener 615-8am Michener 5-730pm	<b>29</b> IGNITE 615-715am Rec Pool: 5-630pm			

Please feel free to contact me should you have any questions [coach\\_mandi@hotmail.com](mailto:coach_mandi@hotmail.com)