

RDCSC LONG COURSE CLUB RECORDS - Updated Oct 2011

EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Female 10 and Under				
50 Free	31.81	REBECCA SMITH	2-Jul-10	Alberta AG & Sr Championship LC
100 Free	1:09.48	REBECCA SMITH	2-Jul-10	Alberta AG & Sr Championship LC
200 Free	2:29.75	REBECCA SMITH	2-Jul-10	Alberta AG & Sr Championship LC
400 Free	5:13.99	REBECCA SMITH	2-Jul-10	Alberta AG & Sr Championship LC
800 Free	11:05.88	REBECCA SMITH	1-May-10	LASC Spring Challenge
1500 Free	21:18.18	MORGANN BRUIN	10-Jun-05	RDCSC Freeze or Fry Swim Meet
50 Back	34.86	JULIE KELLS	16-Mar-02	White Bears
100 Back	1:16.68	JULIE KELLS	11-Jan-02	Grand Prix
200 Back	2:49.70	JULIE KELLS	16-Mar-02	White Bears
50 Breast	41.90	BREANA MENZEL	27-Jun-09	AB AGE Group Provincials
100 Breast	1:32.69	BREANA MENZEL	27-Jun-09	AB AGE Group Provincials
200 Breast	3:14.75	REBECCA SMITH	11-Jun-10	Freeze or Fry
50 Fly	34.31	ANDREA KELLS	18-Mar-00	
100 Fly	1:15.91	ANDREA KELLS	15-Jul-99	
200 Fly	2:54.51	MORGANN BRUIN	30-Jun-05	AB Centennial AG/SR LC Championship
200 IM	2:46.82	WENDY HOLT	1-Jan-86	
400 IM	6:03.42	REBECCA SMITH	11-Jun-10	Freeze or Fry
200 FR	2:34.63	Mo. HADDEN, M. BRUIN, C. ALCORN & K. LITTLE	15-May-04	NCSA Corral Invt'l
400 FR	5:36.59	S. MAKI, M. BRUIN, Mo. HADDEN, C. ALCORN	20-Mar-04	White Bears
200 MR	2:39.81	E. MacDERMAID, B. MENZEL, K. TREPANIER & M. WU	27-Jun-09	AB AGE Group Provincials
400 MR	6:05.92	ESTABLISHED	27-Jun-09	

LC Meters - Female 11 - 12

50 Free	27.60	ANDREA BAIRD	8-Aug-98	*PROVINCIAL RECORD*
100 Free	1:00.97	ANDREA BAIRD	29-May-98	
200 Free	2:12.55	ANDREA BAIRD	8-Aug-98	
400 Free	4:34.80	EMMA MacDERMAID	27-Jul-11	Canadian Age Group Championships
800 Free	9:32.69	EMMA MacDERMAID	1-Jul-11	Alberta Age Group/Senior Championships
1500 Free	18:32.73	EMMA MacDERMAID	27-Jul-11	Canadian Age Group Championships
50 Back	34.42	REBECCA SMITH	1-Jul-11	Alberta Age Group/Senior Championships
100 Back	1:12.78	REBECCA SMITH	1-Jul-11	Alberta Age Group/Senior Championships
200 Back	2:35.49	REBECCA SMITH	1-Jul-11	Alberta Age Group/Senior Championships
50 Breast	36.00	JESSICA SCOTT	26-Nov-93	
100 Breast	1:19.77	JESSICA SCOTT	27-Nov-93	
200 Breast	2:54.48	JESSICA SCOTT	28-Nov-93	
50 Fly	30.75	ANDREA BAIRD	8-Aug-98	FAR WESTS *PROVINCIAL RECORD*
100 Fly	1:08.67	ANDREA KELLS	11-Jan-02	Grand Prix
200 Fly	2:32.28	MORGANN BRUIN	19-Jul-07	Canadian Age Group Nationals
200 IM	2:35.01	ANDREA BAIRD	17-Jul-98	
400 IM	5:27.62	REBECCA SMITH	27-Jul-11	Canadian Age Group Championships
200 FR	2:04.28	K.TREPANIER, M. WU, R. SMITH, E. MacDERMAID	5-May-11	EKI
400 FR	4:29.36	R. SMITH, E. BARSCHEL, K. TREPANIER, E. MacDERMAID	1-Jul-11	Alberta Age Group/Senior Championships
800 FR	9:30.90	R. SMITH, E. BARSCHEL, K. TREPANIER, E. MacDERMAID	1-Jul-11	Alberta Age Group/Senior Championships
200 MR	2:15.57	R. SMITH, B. MENZEL, K. TREPANIER, E. MacDERMAID	1-Jul-11	Alberta Age Group/Senior Championships
400 MR	4:52.11	R. SMITH, B. MENZEL, K. TREPANIER, E. MacDERMAID	1-Jul-11	Alberta Age Group/Senior Championships

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EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Female 13-14				
50 Free	27.75	ANDREA BAIRD	8-Aug-98	Youths
100 Free	1:00.35	ANDREA BAIRD	15-Jul-99	
200 Free	2:10.47	ANDREA BAIRD	15-Jul-99	
400 Free	4:38.45	SHAWNA BOTHWELL	17-Jul-98	
800 Free	9:36.73	MICHELLE COVE	17-Jul-98	
1500 Free	18:58.35	GILLIAN ARRAIAL	27-Jul-11	Canadian Age Group Championships
50 Back	33.02	NICOLE COSSEY	5-Jul-07	Alberta AG/Senior Championships
100 Back	1:07.92	SHAWNA BOTHWELL	29-May-98	
200 Back	2:23.91	SHAWNA BOTHWELL	29-May-98	
50 Breast	34.78	MADALYN SMITH	27-Jul-11	Canadian Age Group Championships
100 Breast	1:15.38	MADALYN SMITH	27-Jul-11	Canadian Age Group Championships
200 Breast	2:43.56	MICHELLE POIRIER	31-May-97	
50 Fly	29.97	MICHELLE POIRIER	11-Jul-97	
100 Fly	1:06.88	COLLEEN JEGOU	27-May-94	
200 Fly	2:34.38	MORGANN BRUIN	4-May-08	EKI
200 IM	2:27.86	JENNY WEAR	30-May-96	
400 IM	5:18.31	JENNY WEAR	30-May-96	
200 FR	1:57.67	Established		
400 FR	4:06.73	Established	1-Jan-98	
800 FR	9:47.28	L. WAREHAM, K. STAYER, K. HOUNSOME, G. ARRAIAL	1-Jul-11	Alberta Age Group/Senior Championships
200 MR	2:12.20	Established		
400 MR	4:55.29	L. WAREHAM, M. SMITH, K. STAYER, G. ARRAIAL	5-May-11	EKI

EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters- Female 15 - 16				
50 Free	27.65	MICHELLE POIRIER	4-Mar-98	
100 Free	1:00.13	NICOLE COSSEY	27-Jun-09	Alberta AG/Senior Championships
200 Free	2:09.10	SHAWNA BOTHWELL	28-May-00	
400 Free	4:33.26	SHAWNA BOTHWELL	3-Aug-00	
800 Free	9:21.87	AMY ANDREW	1-Jul-11	Alberta Age Group/Senior Championships
1500 Free	18:08.99	AMY ANDREW	1-Jul-11	Alberta Age Group/Senior Championships
50 Back	32.10	SHAWNA BOTHWELL	11-Aug-99	
100 Back	1:07.63	SHAWNA BOTHWELL	17-Mar-99	
200 Back	2:23.65	SHAWNA BOTHWELL	3-Aug-00	
50 Breast	35.51	MICHELLE POIRIER	15-Jul-99	
100 Breast	1:14.79	KRISTY BOUCHARD	2-Aug-98	
200 Breast	2:42.66	MICHELLE POIRIER	9-Aug-98	
50 Fly	28.45	ALANA SKOCDOPOLE	1-May-10	LASC Spring Challenge
100 Fly	1:02.94	ALANA SKOCDOPOLE	21-Jul-10	Canadian Age Group Championship
200 Fly	2:21.56	ALANA SKOCDOPOLE	2-Jul-10	Alberta AG & Sr Championship LC
200 IM	2:26.86	MICHELLE POIRIER	17-Mar-99	
400 IM	5:11.89	SHAWNA BOTHWELL	28-May-00	
200 FR	1:55.00	Established		
400 FR	4:24.81	Established		
200 MR	2:10.00	Established		
400 MR	4:54.31	N. COSSEY, K. LITTLE, B. BAILEY & A. NIEUWOUDT	24-May-09	Mel Zajac International

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EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Female 17 and Over				
50 Free	26.80	NICOLE COSSEY	24-Jul-11	Canadian Summer Nationals
100 Free	57.95	NICOLE COSSEY	30-Mar-11	2011 World Trials
200 Free	2:06.48	NICOLE COSSEY	21-Jul-10	Canadian Age Group Championship
400 Free	4:33.87	SHAWNA BOTHWELL	13-Mar-01	
800 Free	9:28.71	LESLIE COVE	28-May-00	
1500 Free	18:32.28	LESLIE COVE	6-Apr-00	
50 Back	31.51	NICOLE COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
100 Back	1:06.60	SHAWNA BOTHWELL	6-Jul-04	Canadian Olympic Trials
200 Back	2:20.47	SHAWNA BOTHWELL	6-Jul-04	Canadian Olympic Trials
50 Breast	35.90	REBECCA MILLER	27-May-11	Mel Zajac Jr International
100 Breast	1:15.66	MICHELLE POIRIER	8-Mar-00	
200 Breast	2:43.17	MICHELLE POIRIER	8-Mar-00	
50 Fly	28.00	NICOLE COSSEY	30-Mar-11	2011 World Trials
100 Fly	1:02.67	ALANA SKOCDOPOLE	21-Jul-11	Canadian Summer Nationals
200 Fly	2:19.56	ALANA SKOCDOPOLE	21-Jul-11	Canadian Summer Nationals
200 IM	2:24.23	MICHELLE POIRIER	8-Mar-00	
400 IM	5:09.23	ALANA SKOCDOPOLE	1-Jul-11	Alberta Age Group/Senior Championships
200 FR	1:51.56	A. SKOCDOPOLE, R. MILLER, H. LOYEK, N. COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
400 FR	4:03.92	R. MILLER, A. ANDREW, A. SKOCDOPOLE, N. COSSEY	27-May-11	Mel Zajac Jr International
800 FR	8:48.75	A. ANDREW, R. MILLER, A. SKOCDOPOLE & N. COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
200 MR	2:05.28	K. LITTLE, R. MILLER, A. SKOCDOPOLE & N. COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
400 MR	4:31.55	K. LITTLE, B. BAILEY, A. SKOCDOPOLE & N. COSSEY	27-May-11	Mel Zajac Jr International

EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Female Open				
50 Free	26.80	NICOLE COSSEY	24-Jul-11	Canadian Summer Nationals
100 Free	57.95	NICOLE COSSEY	30-Mar-11	2011 World Trials
200 Free	2:06.48	NICOLE COSSEY	21-Jul-10	Canadian Age Group Championship
400 Free	4:33.26	SHAWNA BOTHWELL	3-Aug-00	
800 Free	9:21.87	AMY ANDREW	1-Jul-11	Alberta Age Group/Senior Championships
1500 Free	18:08.99	AMY ANDREW	1-Jul-11	Alberta Age Group/Senior Championships
50 Back	31.51	NICOLE COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
100 Back	1:06.60	SHAWNA BOTHWELL	6-Jul-04	Canadian Olympic Trials
200 Back	2:20.47	SHAWNA BOTHWELL	6-Jul-04	Canadian Olympic Trials
50 Breast	34.78	MADALYN SMITH	27-Jul-11	Canadian Age Group Championships
100 Breast	1:14.79	KRISTY BOUCHARD	2-Aug-98	
200 Breast	2:42.66	MICHELLE POIRIER	9-Aug-98	
50 Fly	28.00	NICOLE COSSEY	30-Mar-11	2011 World Trials
100 Fly	1:02.67	ALANA SKOCDOPOLE	21-Jul-11	Canadian Summer Nationals
200 Fly	2:19.56	ALANA SKOCDOPOLE	21-Jul-11	Canadian Summer Nationals
200 IM	2:24.23	MICHELLE POIRIER	8-Mar-00	
400 IM	5:09.23	ALANA SKOCDOPOLE	1-Jul-11	Alberta Age Group/Senior Championships
200 FR	1:51.56	A. SKOCDOPOLE, R. MILLER, H. LOYEK, N. COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
400 FR	4:03.92	R. MILLER, A. ANDREW, A. SKOCDOPOLE, N. COSSEY	27-May-11	Mel Zajac Jr International
800 FR	8:48.75	A. ANDREW, R. MILLER, A. SKOCDOPOLE, N. COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
200 MR	2:05.28	K. LITTLE, R. MILLER, A. SKOCDOPOLE & N. COSSEY	1-Jul-11	Alberta Age Group/Senior Championships
400 MR	4:31.55	K. LITTLE, B. BAILEY, A. SKOCDOPOLE & N. COSSEY	27-May-11	Mel Zajac Jr International

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EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Male 10 and Under				
50 Free	32.78	JOEL GREENSHIELDS	20-Mar-99	White Bears
100 Free	1:11.51	KEANE MORROW	16-Apr-04	Chinook
200 Free	2:26.89	BRENT HARVEY	1-Jan-82	*PROVINCIAL RECORD*
400 Free	5:06.04	KEANE MORROW	14-May-04	Corral City Classic
800 Free	10:36.66	KEANE MORROW	11-Jun-04	RDCSC Freeze or Fry Swim Meet
1500 Free	19:52.61	KEANE MORROW	14-May-04	Corral City Classic
50 Back	37.26	JOEL GREENSHIELDS	20-Mar-99	White Bears
100 Back	1:22.56	KEANE MORROW	14-May-04	Corral City Classic
200 Back	2:49.42	KEANE MORROW	11-Jun-04	RDCSC Freeze or Fry Swim Meet
50 Breast	43.23	JOEL GREENSHIELDS	20-Mar-99	White Bears
100 Breast	1:36.56	MATTHEW VERWEY	9-May-98	Cascade LC Speed Meet
200 Breast	3:19.70	JOEL GREENSHIELDS	20-Mar-99	White Bears
50 Fly	33.78	JOEL GREENSHIELDS	20-Mar-99	White Bears *PROVINCIAL RECORD*
100 Fly	1:20.55	KEANE MORROW	20-Mar-04	White Bears
200 Fly	2:59.31	KEANE MORROW	16-Apr-04	Chinook
200 IM	2:48.57	KEANE MORROW	16-Apr-04	Chinook
400 IM	5:58.79	KEANE MORROW	14-May-04	Corral City Classic
200 FR	3:00.00	Established		
400 FR	7:09.47	Ke. MORROW, D. DESROSIER, C. SMATHERS & M. PARKER	13-Jun-03	Freeze or Fry
200 MR	3:20.00	Established		
400 MR	8:52.32	C. SMATHERS, C.DESROSIER, S. M. ELHANEY & M. PARKER	13-Jun-03	Freeze or Fry

LC Meters - Male 11 -12				
50 Free	27.47	BRENT HARVEY	1984	
100 Free	59.81	BRENT HARVEY	1-Jan-84	
200 Free	2:09.90	BRENT HARVEY	1-Jan-84	
400 Free	4:45.44	JOEL GREENSHIELDS	10-Mar-01	White Bears
800 Free	10:26.12	KYLE MORROW	11-Jul-03	Alberta Age Group Champs Long Course
1500 Free	19:04.17	MORGAN ENGI	17-Jul-98	AB Provincial Championship
50 Back	31.49	JOEL GREENSHIELDS	23-Mar-01	NCSA Corral City Classic *PROVINCIAL RECORD*
100 Back	1:09.76	JOEL GREENSHIELDS	23-Mar-01	NCSA Corral City Classic
200 Back	2:29.95	JOEL GREENSHIELDS	10-Mar-01	White Bears 12 And Under
50 Breast	35.90	BRYAN ILISCUPIDEZ	11-Jul-03	Alberta Age Group LC Championships
100 Breast	1:16.90	BRYAN ILISCUPIDEZ	11-Jul-03	Alberta Age Group LC Championships
200 Breast	2:47.39	BRYAN ILISCUPIDEZ	11-Jul-03	Alberta Age Group LC Championship
50 Fly	29.80	JOEL GREENSHIELDS	10-Mar-01	White Bears *PROVINCIAL RECORD*
100 Fly	1:04.27	BRENT HARVEY	1-Jan-84	*PROVINCIAL RECORD*
200 Fly	2:21.07	BRENT HARVEY	1-Jan-84	*PROVINCIAL RECORD*
200 IM	2:27.78	BRENT HARVEY	1-Jan-84	
400 IM	5:14.29	BRENT HARVEY	1-Jan-84	
200 FR	1:58.19	S. BERG, P. ERRINGTON, M. VERWAY & J. GREENSHIELDS	10-Mar-01	
400 FR	4:21.07	S. BERG, P. ERRINGTON, M. VERWAY & J. GREENSHIELDS	10-Mar-01	
200 MR	2:17.11	S. BERG, P. ERRINGTON, M. VERWAY & J. GREENSHIELDS	10-Mar-01	
400 MR	5:20.33	Ky. MORROW, B. ILISCUPIDEZ, E. HICKEY & J. SHEWCHUK	13-Jun-03	Freeze or Fry

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EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Male 13 - 14				
50 Free	25.61	MARK WELTY	12-Mar-94	
100 Free	56.04	MARK WELTY	14-Jul-95	
200 Free	2:03.02	MARSHAL PARKER	25-Jul-10	Canadian Age Group Championship
400 Free	4:21.97	MARSHAL PARKER	25-Jul-10	Canadian Age Group Championship
800 Free	8:59.60	MARSHAL PARKER	25-Jul-10	Canadian Age Group Championship
1500 Free	17:08.98	MARSHAL PARKER	25-Jul-10	Canadian Age Group Championship
50 Back	29.08	MARK WELTY	29-Jul-94	
100 Back	1:01.78	MARK WELTY	27-Jan-94	
200 Back	2:14.71	MARK WELTY	10-Jun-95	
50 Breast	32.16	BRYAN ILISCUPIDEZ	21-Jul-05	2005 Canadian Long Course Club Nationals
100 Breast	1:10.80	BRYAN ILISCUPIDEZ	30-Jun-05	AB Centennial Age Group/Senior LC Chamionships
200 Breast	2:37.57	BRYAN ILISCUPIDEZ	30-Jun-05	AB Centennial Age Group /Senior LC Championships
50 Fly	27.27	MARK WELTY	1-Jan-94	
100 Fly	1:00.04	MARK WELTY	28-May-94	
200 Fly	2:13.54	BRENT HARVEY	1-Jan-86	
200 IM	2:18.26	MARK WELTY	29-May-94	
400 IM	4:55.81	MARTY BRUIN	1-Jan-87	
200 FR	1:50.12	K. ALBRECHT, K. FROELICH, S. GRAY, & R. MARCHANT	15-Jul-95	
400 FR	4:07.40	K. ALBRECHT, K. FROELICH, S. GRAY & R. MARCHANT	15-Jul-95	
200 MR	2:05.34	K. ALBRECHT, R. MARCHANT, S. GRAY, K. FROELICH	19-Jul-93	
400 MR	4:41.40	S. DICK, S. PENHALE, B. ILISCUPIDEZ & B. LAPLANTE	24-Jul-03	2003 Club Nationals

LC Meters - Male 15 - 16

50 Free	25.38	KELLY ALBRECHT	1-Jan-97	
100 Free	53.71	MARK WELTY	1-Aug-96	Jr. Nationals
200 Free	1:59.62	JASON THOMPSON	1-Jun-95	Youth Nationals
400 Free	4:09.77	JASON THOMPSON	1-Jun-95	Youth Nationals
800 Free	8:33.96	SEAN PENHALE	20-Jan-05	2005 Australian Youth Olympic Festival
1500 Free	16:17.49	SEAN PENHALE	8-Aug-05	Jeux du Canada Games
50 Back	29.98	MARCUS GREENSHIELDS	6-Jul-00	
100 Back	58.34	MARK WELTY	1-Aug-96	Sr. Nationals
200 Back	2:09.17	MARK WELTY	1-Jun-96	Youth Nationals
50 Breast	30.95	BRYAN ILISCUPIDEZ	5-Jul-07	Alberta Age Group/ Senior Championships
100 Breast	1:06.71	BRYAN ILISCUPIDEZ	5-Jul-07	Alberta Age Group/ Senior Championships
200 Breast	2:28.53	BRYAN ILISCUPIDEZ	5-Jul-07	Alberta Age Group/ Senior Championships
50 Fly	27.43	JOEL GREENSHIELDS	24-Jul-03	Club Nationals
100 Fly	57.01	MARK WELTY	1-Aug-96	Sr. Nationals
200 Fly	2:06.79	SEAN PENHALE	21-Jul-05	Canadian Long Course Club Nationals
200 IM	2:12.87	MARK WELTY	1-Jun-96	Youth Nationals
400 IM	4:42.88	SEAN PENHALE	21-Jul-05	Canadian Long Course Club Nationals
200 FR	1:48.65	S. PENHALE, B. ILISCUPIDEZ, S. DICK & B. LAPLANTE	29-Apr-05	E.K.I.
400 FR	3:59.93	S. PENHALE, B. ILISCUPIDEZ, S. DICK & B. LAPLANTE	21-Jul-05	LC Club Nationals
200 MR	1:58.12	S. PENHALE, B. ILISCUPIDEZ, S. DICK & B. LAPLANTE	21-Jul-05	LC Club Nationals
400 MR	4:14.59	S. PENHALE, B. ILISCUPIDEZ, S. DICK & B. LAPLANTE	21-Jul-05	LC Club Nationals

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EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Male 17 and Over				
50 Free	24.21	JONATHAN MILLER	12-May-00	
100 Free	52.68	JONATHAN MILLER	28-May-00	
200 Free	2:00.36	CHRIS SNOW	27-Jul-95	
400 Free	4:10.26	SCOTT PUSHAK	1-Apr-96	
800 Free	9:09.01	RYLAN KAFARA	15-Jun-01	Freeze of Fry "A & C"
1500 Free	16:33.93	DEREK BROWN	1-Jan-97	
50 Back	29.26	KELLY ALBRECHT	15-Jul-99	
100 Back	58.31	JONATHAN MILLER	28-May-00	
200 Back	2:08.00	KELLY ALBRECHT	9-Aug-98	
50 Breast	30.07	DAVID ERRINGTON	21-Jul-10	Canadian Age Group Championship
100 Breast	1:07.41	BRYAN ILISCUPIDEZ	2-Jul-10	Alberta AG & Sr Championship LC
100 Breast	1:07.41	DAVID ERRINGTON	21-Jul-10	Canadian Age Group Championship
200 Breast	2:25.51	BRYAN ILISCUPIDEZ	10-Aug-07	North American Challenge Cup
50 Fly	26.69	MIKE EDEY	11-Jul-97	
100 Fly	56.90	MARK WELTY	1-Jan-98	
200 Fly	2:09.65	MARK WELTY	1-Jan-97	
200 IM	2:12.87	MARK WELTY	1-Jan-98	
400 IM	4:42.99	SCOTT PUSHAK	28-Jul-95	
200 FR	1:41.78	M. WELTY, M. EDEY, J. THOMPSON & C. SNOW	29-Apr-95	
400 FR	3:39.99	M. WELTY, M. EDEY, C. SNOW & J. THOMPSON	1-Jul-96	
200 MR	1:52.71	M. WELTY, S. PUSHAK, C. SNOW & J. THOMPSON	25-Jul-95	
400 MR	4:08.99	M. WELTY, S. PUSHAK, C. SNOW & J. THOMPSON	30-Jul-95	

EVENT	TIME	RDCSC SWIMMER	DATE	SWIM MEET
LC Meters-Male Open				
50 Free	24.21	JONATHAN MILLER	12-May-00	
100 Free	52.68	JONATHAN MILLER	28-May-00	
200 Free	1:59.62	JASON THOMPSON	1-Jun-95	Youth Nationals
400 Free	4:09.77	JASON THOMPSON	1-Jun-95	Youth Nationals
800 Free	8:33.96	SEAN PENHALE	20-Jan-05	2005 Australian Youth Olympic Festival
1500 Free	16:17.49	SEAN PENHALE	8-Aug-05	Jeux du Canada Games
50 Back	29.08	MARK WELTY	29-Jul-94	
100 Back	58.31	JONATHAN MILLER	28-May-00	
200 Back	2:08.00	KELLY ALBRECHT	9-Aug-98	
50 Breast	30.07	DAVID ERRINGTON	21-Jul-10	Canadian Age Group Championship
100 Breast	1:06.71	BRYAN ILISCUPIDEZ	5-Jul-07	Alberta Age Group/ Senior Championships
200 Breast	2:25.51	BRYAN ILISCUPIDEZ	10-Aug-07	North American Challenge Cup
50 Fly	26.69	MIKE EDEY	11-Jul-97	
100 Fly	56.90	MARK WELTY	1-Jan-98	
200 Fly	2:06.79	SEAN PENHALE	21-Jul-05	Canadian Long Course Club Nationals
200 IM	2:12.87	MARK WELTY	1-Jan-98	
400 IM	4:42.88	SEAN PENHALE	21-Jul-05	Canadian Long Course Club Nationals
200 FR	1:41.78	M. WELTY, M. EDEY, J. THOMPSON & C. SNOW	29-Apr-95	
400 FR	3:39.99	M. WELTY, M. EDEY, C. SNOW & J. THOMPSON	1-Jul-96	
200 MR	1:52.71	M. WELTY, S. PUSHAK, C. SNOW & J. THOMPSON	25-Jul-95	
400 MR	4:08.99	M. WELTY, S. PUSHAK, C. SNOW & J. THOMPSON	30-Jul-95	