



Catalina Valentine Invitational

Red Deer, Alberta
February 11th & 12th, 2012

Meet Package version: revised 17-Jan-2012

Facility

The Michener Centre, Red Deer, Alberta, is at the corner of 51A St. & 38A Ave.

This facility has an indoor, Six-lane, 25-metre pool and a five by ten-metre dive tank adjacent to the 25-metre tank. The dive tank is available for continuing warm-up and cool-down during the Meet.

Contacts

Meet Manager:	Jane Skocdopole	(403)742-3948	jskocdopole@clearview.ab.ca
Meet Referee:	Wade Brown	(403) 340-8649	Ew.brown1@shaw.ca
Head Coach:	Mandi Smith	(403) 350-8627	coach_mandi@hotmail.com

Meet Eligibility

- All swimmers must be registered with Swim Alberta and/or Swimming Natation Canada.

Entries

The meet entry deadline **Wednesday, Feb 1st, 2012**. To ensure the highest quality meet, the meet manager reserves the right to limit the number of swimmers and/or the number of individual swims in each session to adhere to Swim Alberta session length guidelines.

- Swimmers may swim up to seven (7) events, maximum two(2) events per session.
- NT (no time) entries will not be accepted**; please use a coach estimated time if necessary.
- Deck entries will be accepted at double the standard entry fee (\$13.50) provided that no additional heats are created; all deck entries are exhibition swims and are therefore ineligible for advancement to finals, or for scoring.
- An approved **Hytek event file** for this meet is posted on www.Swimming.ca.
- Entries must be uploaded onto www.Swimming.ca as per procedures for that site.
- Entry fees are \$6.75 per individual event or \$7.25 per relay event.
- A cheque for entries payable to the **RED DEER CATALINA SWIM CLUB** must be received by the meet manager prior to entries being considered received and complete.

Scratch Deadline

There will be no refunds for swimmers scratched after **Friday, February 3rd, 2012**. To make the meet run more efficiently any last minute courtesy scratches would be appreciated until **Wednesday, February 8th, 2012**

Qualifying Times

There are no Qualifying times.



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Age Groups

- Male and Female: 10&Under, 11-12, 13-14, 15&Over

Meet Format

- All events are TIMED FINALS
- Events will be swum separate gender and mixed ages.
- Coaches are asked to submit estimated entry times in lieu of no-time (NT) entries.
- The 800m Freestyle and 1500 Freestyle will be swum with the fastest seeded swimmers swimming first followed by remaining heats of slower swimmers. The 800m Freestyle and 1500m Freestyle may be swum mixed gender and / or ages (senior seeded). Meet management reserves the option of running these two events with two swimmers per lane. Timeout for Session 4 will be 2:30pm at the latest.
- Relay names must be submitted 30 minutes prior to the end of warm-up
- The Meet Manager reserves the option to cancel and/or alter events as necessary to meet time constraints.

Rules

- SNC and FINA rules will apply.
- SNC warm-up protocol will be in effect. Sprint lanes will be available the last 20 minutes of warm-up.

Meet Scratches

- The scratch deadline for timed final events shall be thirty (30) minutes **before** the start of the session.

Awards & Scoring

- Individual: 1st – 6th place ribbons will be awarded for each event by age group and gender.
“Best Time” Ribbons shall be awarded to swimmers who improve upon their submitted entry time.
- Relays: First place ribbons only.
- Scoring: Scoring will be 1st through 6th place, (7-5-4-3-2-1), for individual events and double for relay events.
- Team: There will be awards for the top 3 scoring teams.

Program Changes

The meet manager reserves the option to alter, revise, or otherwise modify the program, following receipt of entries to ensure the maximum number of swims in sessions of reasonable length. Coaches or designated club contacts will be advised of changes via Email or from the Catalina web site:

www.RedDeerCatalina.ca.

Results

Results will be posted to www.Swimming.ca for downloading.

Officials

Visiting clubs are encouraged to volunteer to officiate. Please list any available officials with their qualifications and submit to officials@reddeercatalina.ca.



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Session Order of Events and Start Time

Girls Event #	Session #1 Timed Finals Saturday, February 11th Warm-up: 7:00-7:50 AM Start: 8:00 AM	Boys Event #
1	400 Freestyle	2
3	50 Fly	4
5	200 Back	6
7	50 Breast	8
9	100 Free	10
11	100 I.M.	12

Girls Event #	Session #2 Timed Finals Saturday, February 12th Warm-up: 1:15-2:10PM Start: 2:15 PM	Boys Event #
13	400 I.M.	14
15	100 Back	16
17	200 Fly	18
19	50 Free	20
21	200 Breast	22
23	4 x 50 Free Relay	24



When staying in Red Deer, stay at the [Red Deer Lodge](#) and ask for the Red Deer Catalina rate!



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Girls Event #	Session #3 Timed Finals Sunday, February 12th Warm-up: 7:30-8:20 AM Start: 8:30 AM	Boys Event #
25	200 I.M.	26
27	100 Fly	28
29	50 Back	30
31	100 Breast	32
33	200 Free	34
35	4 x 50 Medley Relay	36

Girls Event #	Session #4 Timed Finals Sunday, February 12th Start - 20 minutes after end of Session #3 [Session 4 will timeout at 2:30pm at the latest]	Boys Event #
37	800 Free	38
39	1500 Free	40



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