

RED DEER CATALINA VALENTINE INVITATIONAL

FEBRUARY 10-11, 2024

Dates

Entry Deadline: Monday Jan 29, 2024

Scratch Deadline: Wednesday, February 7, 2024 by 7:00pm

Fees Due: Saturday Feb 10 by start of first session

Facility

The Roland Michener Centre, Red Deer, Alberta, is at the corner of 51A St. & 38A Ave. This facility has an indoor, Six-lane, 25-metre pool and a five by ten-metre dive tank adjacent to the 25-metre pool. The dive tank is available for continuing warm-up and cool-down during the meet.

Contacts

Meet Manager: Gail Bateman: (403)505-9777 & Jenn Bahler: (403)505-5889
meetmanagerrdcsc@gmail.com

Meet Referee: Lisa Winters: (780)996-2374
puremassage2013@gmail.com

Head Coach: Haley Bennett (250)616-3381
headcoachhaley@gmail.com

Clerk of Course: Lyle Thomas (403)350-9777
clerkofcourse@reddeercatalina.ca

Catalina Office: registrar.catalina@gmail.com

Entry Rules

- This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.
- Each swimmer is allowed a maximum of three (3) events per session
- Each swimmer is allowed a maximum of 10 TOTAL events
- A minimum of 40 and maximum of 250 swimmers will be registered for this meet.
- To ensure the highest quality meet, the meet manager reserves the right to limit the number of swimmers and/or the number of individual swims due to time constraints .
- **NT (no time) entries will not be accepted**; please use a coach estimated time if necessary.
- Swimmer age is determined as of Saturday, February 10, 2024
- All entries must be submitted through the Swimming Canada online system.
- Deck entries will be EXHIBITION only and accepted only if the swimmer is already entered in the meet and the entry does not create a new heat.
- Entry fees are \$10.00 per individual event
- Entry Fees are non-refundable after the scratch deadline.
- E-transfer to office@reddeercatalina.ca. Cheques to Red Deer Catalina Swim Club #2, 4810 - 50Avenue, Red Deer, Alberta T4N 4A3 or to Clerk of Course at start of Session 1

Official Splits

- Must be requested prior to the start of the session, coaches may be required to supply timers.

Scratches

- Scratch deadline Wednesday, February 8, 2024 at 7:00pm
- Entry fees are non-refundable after the scratch deadline except with a medical note
- The Swim Alberta Scratch Rule will be in effect for this meet.

Qualifying Times

- No qualifying times

Age Groups

- Male and Female: 10 & Under, 11-12, 13-14, 15 & Over

Awards

- Individual: 1st– 6th place ribbons will be awarded for each event by age group and gender.

Meet Format/Rules

- The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
- Swimming Canada competition warm-up safety procedures will be in effect at this meet
- Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.
- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics rules FR 2.3, FR 2.7 and SW 4.1.
- All events are timed finals
- Coaches must submit estimated entry times in lieu of no-time (NT) entries.
- Events will be swum slowest to fastest with separate gender and mixed ages (with exception to the 400 IM, 400m freestyle, 800m freestyle & 1500m freestyle).
- The 400IM, 400m freestyle, 800m freestyle & 1500m freestyle will be swum with the fastest to slowest. The 400 IM, 400m freestyle, 800m freestyle & 1500m freestyle MAY be swum mixed genders.
- The Meet Manager reserves the option to cancel and/or alter events as necessary to meet time constraints.

Safe Sport

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

Swimwear at Competitions

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy or endurance.

Results

Results will be posted to www.Swimming.ca for downloading.

Officials

Volunteers from visiting clubs may be needed. Please list any available officials with their qualifications and submit to officials@reddeercatalina.ca.

Session Order of Events and Start Time

Girls Event #	Session #1 Timed Finals Saturday, February 10th, 2024 Warm-up: 7:00 - 8:00 AM Start: 8:05 AM	Boys Event #
1	400m IM	2
3	50m Fly	4
5	200m Backstroke	6
7	50m Breaststroke	8
9	100m Freestyle	10

Girls Event #	Session #2 Timed Finals Saturday, February 10, 2024 Warm-up: 1:00 - 2:00 PM Start: 2:05 PM	Boys Event #
11	400m Freestyle	12
13	100m Backstroke	14
15	200m Fly	16
17	50m Freestyle	18
19	200m Breaststroke	20

Girls Event #	Session #3 Timed Finals Sunday, February 11, 2024 Warm-up: 7:00 - 8:00 AM Start: 8:05 AM	Boys Event #
21	200m IM	22
23	100m Fly	24
25	50m Backstroke	26
27	100m Breaststroke	28
29	200m Freestyle	30

Girls Event #	Session #4 Timed Finals Sunday, February 11, 2024 Start: 30 minutes after end of session #3	Boys Event #
31	800m Freestyle	32
33	1500m Freestyle	34

